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| Item No. 11. | Classification: Open | Date: 8 December 2015 | Meeting Name: Cabinet |
| Report title: | | Southwark Mental Health Social Care Review | |
| Ward(s) or groups affected: | | All wards | |
| Cabinet Member: | | Councillor Stephanie Cryan, Adult Care and Financial Inclusion | |

FOREWORD - COUNCILLOR STEPHANIE CRYAN, CABINET MEMBER FOR ADULT CARE AND FINANCIAL INCLUSION

The mental health and wellbeing of our residents is of paramount importance. There is no health without mental health, and good mental health and emotional wellbeing in childhood helps children and young people thrive and lead healthy and emotionally secure adult lives. Mental health and wellbeing affects every resident living in Southwark and I want to ensure that all our residents have the opportunity for good mental health and wellbeing.

The council and our partners in health have a critical role to lead on taking the right action to promote and protect mental health and wellbeing. We need to balance fairly the needs of the many with the needs of vulnerable residents in Southwark who are at the greatest risk of being excluded from leading healthy and fulfilling lives because of poor mental health.

This review was commissioned to allow us to fully understand the mental health social care offer in Southwark, in light of our new additional duties under the Care Act 2014, and also in preparation for working on a joint delivery with NHS Southwark CCG on the delivery of a Joint Mental Health Strategy. The report provides a strong platform for a new Mental Health Strategy.

I am therefore asking cabinet to give consideration to the report and to approve the recommendations below.

RECOMMENDATIONS

1. To note the findings of the Southwark Mental Health Social Care Review Report.
2. To approve the drafting, engagement and delivery of a Joint Southwark Mental Health Strategy, led by Southwark Council and NHS Southwark CCG and incorporating consultation with key stakeholders, including mental health users, carers and family members, the Mental Health Trust (South London & Maudsley NHS Foundation Trust), the local mental health voluntary sector, and children's social care and education.
3. To support the reform of integrated service arrangements with South London & Maudsley NHS Foundation Trust.

BACKGROUND INFORMATION

4. The full Review report of Southwark Mental Health Social Care is provided at Appendix 1. The report was commissioned earlier this year in preparation for the development of an all-age Southwark Joint Mental Health Strategy, to assess the status of the current mental health social care offer and to seek recommendations for any necessary changes.
5. The Review took into account the mental health needs of children and young people and informed the Children's & Young People Mental Health Transformation Plan for Southwark, which was submitted to NHS England in November 2015.
6. To complete work upon the Joint Mental Health Strategy, the Children's & Adults Directorate has appointed a Project coordinator to work in partnership with mental health commissioners and operational managers across the council and the CCG to prepare a draft strategy and lead on engagement and consultation.
7. The council has shared the attached Report with NHS Southwark CCG and South London & Maudsley NHS Foundation Trust, and briefed mental health social work staff members and managers at meetings in August and October.

KEY ISSUES FOR CONSIDERATION

8. The Review found that in many areas of good practice and arrangements to promote and protect mental health in Southwark. There is evidence of local initiatives and strengths across both adult and children's mental health services, including the voluntary sector. The challenge is to make these sustainable, because the mental health social care offer is comparatively expensive and relies heavily on residential care over the longer term.
9. Social care pathways are currently unclear and this compromises the delivery of the council's Vision for Adult Social Care and the delivery of a better quality of life in Southwark for a significant number of vulnerable adults with mental health needs. Users, families and non-mental health professionals reported that the social care pathway was difficult to understand and navigate.
10. Currently, social care outcomes are not as clearly articulated as health care outcomes in the current integrated arrangements with South London & Maudsley NHS Foundation Trust.
11. Southwark will struggle to keep pace with rising demand, for example from Schools concerned about the mental health and wellbeing of children and young people, unless the current service system is reformed, and progress is made on delivering earlier help for children and young people experiencing mental health issues.
12. Implementing effective change will require:
 - Completion of the Joint Southwark Mental Health Strategy;
 - Agreement with South London & Maudsley NHS Foundation Trust on the reform of the current pattern of integration across statutory mental health services, to bring social work nearer to the front of the secondary care system and at the interface with primary care, so that social care can play

a full role in the implementation of Southwark's Local Care Networks;

- Focus on supporting people living with long-term conditions in the community with support near to them, including during times of crisis, to prevent avoidable hospital admission;
- Breaking the long-term reliance on residential care that is evident for a very large number of Southwark residents with mental health problems;
- Greater use of Reablement and Personalisation to improve prevention and recovery in line with the duties of the Council under Care Act 2014;
- A stronger direct working relationship between the Council with mental health users and the local voluntary sector to make progress on co-production and peer support;
- A stronger focus on prevention and earlier access to help for children and young people and protecting what is already working well for vulnerable groups, including mental health services for Looked After Children.

Policy implications

13. The Review recognizes and supports key existing Southwark Policy frameworks, including:

- Southwark Fairer Future Promises;
- Southwark's Vision for Adult Social Care;
- Joint Service Protocols;
- Council work on co-production, and previous messages provided during consultation and engagement by stakeholders on mental health.

In addition, the Review considered the findings of NHS Southwark CCG on Adult Mental Health Transformation (2015) and South London & Maudsley NHS Foundation Trust Reports.

14. The Review recommends early progress is made on the delivery of a Joint Mental Health Strategy. The Review itself sets out key areas to be included in a Strategy, at Appendix C. Unless a joint strategy is agreed, current initiatives, while welcome, risk being uncoordinated and may perhaps bring more incoherence across the mental health system.

15. Mental health and wellbeing is a key matter of concern in relation to children and young people, parents, Schools and Children's Social Care and this is reflected the recent national policy, Future In Mind.

16. The Review sets out the risks and benefits to the Council of the proposed changes.

Community impact statement

17. The Review had regard to the public sector Equality Duty, at section 149 of the Equality Act 2010, which requires public bodies to consider all individuals when

carrying out their day to day work in shaping council policy, delivering services and in relation to their own employees.

18. There is no evidence to suggest that the changes proposed in the Social Care Review will make a differential impact due to disability, in relation to gender, sexual orientation, religion or belief, age, to trans-gendered or trans-sexual clients, and to persons or groups who may face multiple discrimination, including speakers of other languages; people with caring responsibilities or dependants; or those with previous convictions for offences.
19. Equality and community impact will need to be kept under review as a new Joint Mental Health Strategy is planned and consulted upon with stakeholders. Any reform of operational delivery taken forward in partnership with NHS Southwark, and with South London & Maudsley NHS Foundation Trust and other partners will also require a review of equality and community impact.

Resource implications

20. The report recommendations fall within the current council budget framework.

Consultation

21. The Review consulted a broad range of stakeholders and these are listed at Appendix B. Should the recommendations of the Review be approved and subsequently lead to changes in service configuration or service contracts, the need to consult with the public and staff trade unions will be reviewed.

BACKGROUND DOCUMENTS

| Background Papers | Held At | Contact |
|--|--|----------------------------|
| See References and hyperlinks provided in Review Report at Appendix 1. | Children's and Adults' Services, 160 Tooley Street, London SE1 2QH | Dick Frak 020 7525 3460 |

APPENDICES

| No. | Title |
|------------|--|
| Appendix 1 | Southwark Mental Health Social Care Review (circulated separately) |

AUDIT TRAIL

| | | |
|---|---|--------------------------|
| Cabinet Member | Councillor Stephanie Cryan, Adult Care and Financial Inclusion | |
| Lead Officer | David Quirke-Thornton, Strategic Director Children's and Adults | |
| Report Author | Dick Frak, Interim Director of Commissioning | |
| Version | Final | |
| Dated | 25 November 2015 | |
| Key Decision | No | |
| CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER | | |
| Officer Title | Comments Sought | Comments Included |
| Director of Law and Democracy | No | No |
| Strategic Director of Finance and Governance | No | No |
| Cabinet Member | No | No |
| Date final report sent to Constitutional Team | 26 November 2015 | |